



CALMING COMMUNITIES
COUNSELING & WELLNESS

DIFFERENT BRAIN TYPES ARE NATURAL VARIATIONS

Just like no one type of dog is different from a regular dog,
no one neurotypical is different from a regular kid.



DOGS COME IN MANY BREEDS. BUT NONE ARE "DIFFERENT."

Big or small. Fluffy or sleek.
High-energy or laid-back.
Independent or people-loving.
All are dogs. All are normal.

Different, not different.
Unique, not unusual.
All dogs belong.



BRAINS COME IN MANY TYPES. BUT NONE ARE "DIFFERENT."

Some brains love details.
Some see the big picture.
Some are social and expressive.
Some need more movement.
Some process deeply.
Some need more time.

All of these are natural
variations of the human brain.



NEUROTYPICAL IS NOT THE "REGULAR." It's just one way a brain can be.

Just like golden retrievers aren't the "regular" dog,
neurotypical brains aren't the "regular" brain.

Every brain is valid.
Every brain makes sense.
Every brain belongs.

DIFFERENCE IS NORMAL. DIVERSITY IS HUMAN.



Variation helps
us adapt, create,
solve problems,
and connect.



No one brain type
is better, more
normal, or more
desirable.



Every brain has
strengths and
challenges.



When we understand
brains, we can
support needs
instead of judging
differences.



Belonging happens
when kids are
understood,
accepted, and
supported.



Diversity makes
our communities
richer, kinder,
and stronger.

IT'S NOT ABOUT CHANGING THE DOG OR THE CHILD—IT'S ABOUT THE ENVIRONMENT AND FIT.

A GERMAN SHEPHERD IN A SMALL APARTMENT



A German Shepherd
is not "bad" or
"difficult" because
they struggle in a
small apartment.

They need more
exercise, mental
stimulation, and
outlets that fit
their needs.

AN AUTISTIC CHILD IN A BUSY CLASSROOM



An autistic child
is not "bad" or
"difficult" because
they struggle in a
busy classroom.

They need
accommodations,
understanding, and
supports that fit
their needs.

It's not a
behavior
problem.
It's a
FIT problem.

When the environment fits, both the dog and the child can thrive.

WHAT THIS MEANS FOR KIDS (AND US)



See the need
behind behavior.
Kids aren't giving
us a hard time.
They're having
a hard time.



Support the brain,
not just behavior.
When we meet needs,
big emotions shrink
and connection
grows.



Accommodations
aren't special
treatment.
They are support—
like exercise is support
for the dog.



Every kid can
thrive with the
right fit.
Different brains.
Different needs.
Limitless potential.



Acceptance
creates belonging.
When kids feel accepted
for who they are, they
become who
they're meant to be.



All kids. All brains. All normal.
Different, not different. Unique, not unusual. All belong.



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